



Dear Congress Delegate,

With the International Congress of Behavioral Medicine fast approaching, we would like to provide you with the following helpful information to assist with your attendance:

Registration: Located Grand Lobby, Level 1 of the Pullman Melbourne Albert Park

All delegates must visit the registration desk upon arrival to collect your satchel and name badge. Please allow plenty of time to collect your materials prior to the first session commencing.

The registration desk opening hours are as follows:

Tuesday 6 th December	5.00pm – 7.00pm
Wednesday 7 th December	7.00am – 7.00pm
Thursday 8 th December	7.00am – 5.30pm
Friday 9 th December	7.00am – 5.15pm
Saturday 10 th December	7.00am – 4.00pm

A certificate of attendance, along with the evaluation survey, will be sent electronically to all attendees the week after the congress.

Pre-Congress Workshops

Delegates must be registered to attend the half-day [Pre-Congress Workshops](#) on Wednesday 7th December. Limited places are still available at the cost of AU\$60.00 per half-day workshop. If you wish to add a workshop to your registration, please email your request to events@psychology.org.au. Please note that no lunch will be provided to delegates on Wednesday 7th December.

Congress Program & Poster Program

The Congress Program is available online on the [website](#) and on the app. The posters will be displayed in the exhibition area (Grand 5-7, Level 1 of the Pullman Melbourne Albert Park) during the following viewing session times:

Poster Viewing Session 1	Wednesday 7 th December	6.00pm – 8.00pm
Poster Viewing Session 2	Thursday 8 th December	5.30pm – 7.00pm
Poster Viewing Session 3	Friday 9 th December	1.00pm – 2.30pm

Congress App

We recommend that you download and familiarise yourself with the app prior to the congress.

To download the congress app on iOS or Android:

1. Visit <http://my.yapp.us/5S2WA3> on your device and follow instructions on the page
2. You'll be asked to install Yapp from the app store (if you don't have it already)
3. Open Yapp and tap "Download an existing Yapp" and your app will appear
4. Once you've downloaded it you can use the app offline.

If you don't have an iOS or Android device, you can view the app at <http://my.yapp.us/5S2WA3> whenever you are connected to Wi-Fi or mobile data.

If you have a QR Code Reader Application, you can use it to scan this QR Code to be guided through the install process on your phone.



Internet Facilities

Free Wi-Fi is available throughout the venue, using the following login details to gain access:

Network ID: Pullman Conference Wireless Network

Password: 2016ICBM

Speakers' Support Centre: Located M10

Speakers are requested to visit the Speakers' Support Centre **at least two hours prior** to your session commencing to upload your presentation. If you are presenting at the first session of the day, please ensure you visit the day prior if possible.

Opening hours are as follows:

Wednesday 7 th December	7.00am – 6.00pm
Thursday 8 th December	7.00am – 5.00pm
Friday 9 th December	7.00am – 5.00pm
Saturday 10 th December	7.00am – 3.00pm

Exhibition: Located Grand 5-7, Level 1 of the Pullman Melbourne Albert Park

The exhibition will operate during the following hours:

Wednesday 7 th December	6.00pm – 8.00pm
Thursday 8 th December	11.00am – 7.00pm
Friday 9 th December	11.00am – 3.45pm
Saturday 10 th December	11.00am – 2.30pm

Venue: The Pullman Melbourne Albert Park

Address: 65 Queens Road, Melbourne VIC 3004

Phone: +61 (03) 9529 4300

Website: pullmanalbertpark.com.au

Discounted delegate car parking is available at the venue for \$16.00 per day. You will need to collect a parking pass from the congress registration desk each day in order to access this discounted parking rate. Access to the car park is via Lorne Street.

There are no cloak room facilities available for delegates who are not staying at the Pullman or Mercure Albert Park.

Catering & Dietary Requirements

Lunch, morning and afternoon teas will be served in the exhibition area (level 1) and also in the Windows Restaurant (ground floor).

If you have indicated that you have special dietary requirements during registration, please speak to a venue staff member onsite. Please contact the [Congress Organisers](#) if you have any queries prior to the Congress commencing. All attempts will be made to meet your requests.

Dress

"Business casual" attire is appropriate for all Congress sessions.

Social Media

Social media is an invaluable way to promote behavioral medicine and ICBM 2016 to a wider audience, as well as making it easy to connect with peers and experts from around the globe.

You are encouraged to follow the Congress on Twitter [@ICBM2016](#), which will be used to share a range of content. You are also encouraged to post about the Congress using the **#ICBM2016** hashtag.

Welcome Reception

Date: Wednesday 7th December 2016

Time: 6.00pm – 8.00pm

Venue: Grand Lobby and Exhibition Area, Pullman Melbourne Albert Park

Cost: Included in delegate and accompanying person registrations

Congress Dinner at the Melbourne Town Hall

Date: Friday 9th December 2016

Time: 7.00pm – 11.00pm

Venue: Melbourne Town Hall, [Corner Swanston & Collins Street, Melbourne VIC 3000](#)

Dress Code: Cocktail or business attire is recommended for this function

This function is sold out!

Transport: Tram is the easiest option from the [Pullman Melbourne Albert Park to Melbourne Town Hall](#). It takes approximately 20 minutes from Stop 27 on St Kilda Rd to Stop 11-City Square/Swanston St and you can take trams 3, 3a, 5, 6, 16, 64 or 67 (going towards Melbourne University). Please note you will need to pre-purchase a [Myki Card](#) to take the tram (organised through your registration or self-purchased).

Farewell Drinks

Hosted by the Chilean Society of Behavioral Medicine

Date: Saturday 10th December 2016

Time: 4.45pm – 5.45pm

Venue: Grand Lobby, Pullman Melbourne Albert Park

Cost: Included in delegate and accompanying person registrations

Intention to photograph / record

By registering to attend ICBM 2016, you grant the ISBM and Congress Organising Committee permission to photograph/video record you during the Congress activities to support promotion, publicity and reporting this event, future conferences and activities. If you have any objection to being photographed or filmed during the Congress, please speak to the congress staff located at the registration desk.

Local Information

Melbourne Airport Transport: It takes 30 – 40 minutes by car from Melbourne Airport to Pullman Melbourne Albert Park (depending on traffic) and costs approximately AU\$70 in a sedan taxi. You can also take the [SkyBus St Kilda Express](#) which costs \$19 one way. This bus stops at four locations in St Kilda. The last stop, St Kilda Station bus stop on Fitzroy Street, is the closest stop and a [1.1km walk](#) to the Pullman Melbourne Albert Park.

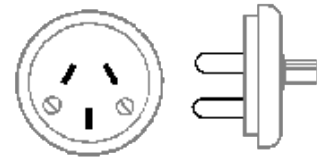
Public Transport: The Melbourne public transport system (trains, trams and buses) use the Myki ticketing system. If you purchased a [Myki Card](#) during the registration process, this will be provided to you inside your name badge. These purchased Myki Cards have the cost of three days' worth of travel loaded prior to you receiving them. You can then top up the card with additional money (if required).

Taxi: Taxi ranks are located in all major Melbourne shopping precincts and can also be found at the venue entrance. Taxis can also be booked by telephone on 13 2227.

Currency: Decimal currency is used in Australia (AUD) and currency units are dollars and cents. Australian notes are: \$100, \$50, \$20, \$10, \$5. Coins are: \$2, \$1, 50, 20, 10, and 5 cents. Australian currency fluctuates on the international monetary exchange. Therefore we recommend checking with your local bank for the exchange rate just prior to your arrival in Australia or visit www.x-rates.com for the current exchange rates.

Climate: The average temperatures for Melbourne in December are maximum of 24°C and minimum of 13°C.

Electricity: Electrical current is 240/250V, AC 50Hz. The Australian flat three-pin power outlet is different from many countries, so you may need an adaptor. If your appliances are 110V, check if there is a 110/240V switch. If not, you will also need a voltage converter.



Tax: Australia applies a tax to the purchase of both goods and services called the Goods and Services Tax (GST). The rate of tax that applies to taxable products and services is 10%. Tax is already included in the advertised prices. Non-Australian delegates may be eligible for a refund of GST via the [Tourist Refund Scheme](#).

Local Shopping

Supermarkets:

- Urban Xpress, [580 Saint Kilda Rd](#): 450m from congress venue
- Chevron IGA X-Press, [19 Commercial Rd](#): 900m from congress venue
- Woolworths St Kilda West, [64 Fitzroy St](#): 1.2km from congress venue

Pharmacies:

- Pharmacy 517, [517 Saint Kilda Rd](#): 800m from congress venue
- Pharmacy Choice, [484 Saint Kilda Rd](#): 900m from congress venue

Local Restaurants: Restaurant options near the congress venue are available [here](#). For restaurant options a little further away, please see the links below:

- [Prahran](#)
- [Southbank](#)
- [Melbourne CBD](#)

Emergency Health Services: If you need police, fire or ambulance services in an emergency, please call triple zero (000). [The Alfred Hospital](#) is also located 750m from the congress venue.

Below are some useful links if you wish to explore Melbourne and Victoria:

www.thatsmelbourne.com.au

<http://www.visitvictoria.com/Regions/Melbourne/Things-to-do>

We look forward to welcoming you to ICBM 2016.

For further congress information, please contact the APS Events Team:

Email: events@psychology.org.au

Congress Website: www.icbm2016.com